

# CODFISH AND PINE NUTS MINI CROQUETTES



## NUTRITION FACTS

Average Value / 100g (3-4 croquettes)

Energetic values 121Kcal	Fats 3,2g	Saturated fats 0,75g	Carbohydrates 12g	Sugar 1,5g	Proteins 11,13g	Salt 1,8g
6,1%	4,57%	3,75%	4,62%	0,46%	22,26%	30%

The percentages are relative to the Daily Guideline Amount (GDA) for an adult.



CODFISH



EGG



POTATOES



GARLIC AND PARSLEY



PINE NUTS





#### PACKAGING SAMPLE



#### PRODUCT DESCRIPTION

Mini Codfish Frozen croquettes.  
Launched under our commercial brand "Camós".

#### INGREDIENTS

Potato, codfish (22 %), egg, pine nuts, parsley and garlic.

#### ORGANOLEPTIC CHARACTERISTICS

Mini Codfish frozen croquettes are made using the mixture obtained after combining the ingredients previously described and rolling them into a cylindrical shape. The average croquette weights 12g.

When fried in the right conditions, croquettes practically do not absorb any oil and have a crunchy exterior that holds a soft, tasty dough flavoured by the almonds used in their preparation. Once fried, croquettes have a golden-brown colour..

#### NUTRITION FACTS

NUTRITION FACTS Average Value / 100g	
Energetic value	512 KJ (121 Kcal)
Proteins	11.13 g
Carbohydrates	12 g
Fats	3.2 g

#### LOT AND SHELF LIFE

The lot number corresponds to the date of manufacture and is represented by six digits : YYMMDD  
The use by date is 18 months from the date of manufacture and is also represented with six digits : DDMMYY

#### MICROBIOLOGICAL PARAMETERS

Aerobios mesófilos	10 <sup>6</sup> ufc/g
Lactose Enterobacteria+	10 <sup>4</sup> ufc/g
E. coli	<10 <sup>2</sup> ufc/g
Staphylococcus aureus	<10 <sup>2</sup> ufc/g
Salmonella	Absence/ 25g
Listeria monocytogens	100 ufc/g

#### TREATMENT

Frozen precooked dish in -36 C continuous freezing tunnel.

#### PACKING AND STORING

The croquettes are packed and stored at a temperature between -18°C ± 3°C.

#### LABEL

The aforementioned items under Regulation (EU) 1169/2011 are as follows:

- Food name
- Ingredients
- Net weight
- Conservation and instructions
- Lot
- EAN 13
- Factory data.
- Best before date

#### INSTRUCTIONS

Fry, without thawing the croquettes, in hot oil (180° C) for 4-5 min. if using a fryer or 8 - 9 min. if using a frying-pan. You can also bake them.

#### TARGET AND DISTRIBUTION

For all types of consumers who are not allergic or intolerant to any of the listened ingredients.  
Wholesalers, superstores, supermarkets, etc.

#### PACKING AND SHIPPING

Automatic packaging and sealed in plastic bags for food use , grouped in corrugated cardboard boxes and palletized and shrink-wrapped in European pallet. They are available in two different formats:

FORMAT	BAG	BOX	PALLET (EUROPEAN)
FAMILIAR 18 x 300 gr	Net Weight: 300 gr Gross Weight 304 gr Dimensions 220x195x30mm	Units: 18 bags Net Weight: 5.400 gr Gross Weight 5.475 gr Dimensions: 395x295x190 mm	Units: 117 boxes Net Weight: 632 kg Gross Weight 641 kg Dimensions: 80x120x210 cm
COMMUNITIES 6 x 1 kg	Net Weight: 1000 gr Gross Weight 1012 gr Dimensions 220x300x50mm	Units: 6 bags Net Weight: 6.000 gr Gross Weight 6.075 gr Dimensions: 395x295x190 mm	Units: 117 boxes Net Weight: 702 kg Gross Weight 711 kg Dimensions: 80x120x210 cm

#### ALLERGENS AND GMO

This product contains egg and milk  
This product is gluten free (<10 ppm of gluten).

ALLERGENS AND GMO	PRESENCE	ABSENCE
Gluten (wheat, rye, barley, oats, spelt, kamut or their hybrid strains)		X
Shellfish and crustaceans based products		X
Eggs and egg-based products	X	
Fish and fish-based products	X	
Peanuts and peanut-based products		X
Soybeans and soy products		X
Milk and derived products (lactose)		X
Nuts: almonds, hazelnuts, cashews, walnuts, pecans, Brazilian Nuts, pistachios, macadamia nuts, Australia walnuts and derived products		X
Celery and derived products		X
Mustard and derived products		X
Sesame seeds and products made from		X
Sulfur dioxide and sulphites in concentrations higher (SO2) to 10 mg / Kg or 10 mg / liter in the final product		X
Lupine and lupine-based products		X
Mollusks and products of mollusks (cuttlefish, mussels, clams, oysters...)		X
GMO (genetically modified organism)		X