

# GALICIAN STYLE OCTOPUS CROQUETTE



NUTRITION FACTS

Average Value / 100g (3-4 croquettes)

|                               |            |                        |                        |               |                  |              |
|-------------------------------|------------|------------------------|------------------------|---------------|------------------|--------------|
| Energetic values<br>114,5 cal | Fats<br>4g | Saturated fats<br>0,8g | Carbohydrates<br>12,2g | Sugar<br>1,2g | Proteins<br>7,3g | Salt<br>0,3g |
| 5,69%                         | 5,71%      | 4%                     | 4,69%                  | 1,33%         | 14,6%            | 5%           |

The percentages are relative to the Daily Guideline Amount (GDA) for an adult.



GALICIAN STYLE OCTOPUS



POTATOE



EGGS



OLIVE OIL





PACKAGING SAMPLE



RODUCT DESCRIPTION

Octopus Croquettes.  
Launched under our commercial brand "Camós".

INGREDIENTS

Potatoe, octopus (25%) (variety), egg, olive oil, red pepper, salt and flavour.

ORGANOLEPTIC CHARACTERISTICS

| AVERAGE VALUE / 100g |               |
|----------------------|---------------|
| Ash                  | 3,1 g / 100g  |
| Humidity             | 70,7 g / 100g |

Galician Style Octopus Croquettes are made using the mixture obtained after combining the ingredients previously described and rolling them into a cylindrical shape.

The average croquette weights 30g.  
When fried in the right conditions, croquettes practically do not absorb any oil and have a crunchy exterior that holds a soft, tasty dough flavoured by the ingredients used in their preparation. Once fried, croquettes have a golden-brown colour.

NUTRITION FACTS

| NUTRITION FACTS<br>Average value / 100g |                       |
|---|-----------------------|
| Energetic value                         | 477.1 KJ (114.5 Kcal) |
| Proteins                                | 7.3 g                 |
| Carbohydrates                           | 12.2 g                |
| Fats                                    | 4 g                   |

LOT AND SHELF LIFE

The lot number corresponds to the date of manufacture and is represented by six digits : YYMMDD  
The use by date is 18 months from the date of manufacture and is also represented with six digits : DDMMYY

MICROBIOLOGICAL PARAMETERS

|                          |                        |
|--------------------------|------------------------|
| Aerobic mesophilic       | 10 <sup>6</sup> ufc/g  |
| Lactose + Enterobacteria | 10 <sup>4</sup> ufc/g  |
| E. coli                  | <10 <sup>2</sup> ufc/g |
| Staphylococcus aureus    | <10 <sup>2</sup> ufc/g |
| Salmonella               | Absence/ 25g           |
| Listeria monocytogens    | 100 ufc/g              |

TREATMENT

Frozen precooked dish in -36 C continuous freezing tunnel.

PACKING AND STORING

The croquettes are packed and stored at a temperature between -18°C ± 3°C.

LABEL

The aforementioned items under Regulation (EU) 1169/2011 are as follows:  
-Food name  
-Ingredients  
-Net weight  
-Conservation and instructions  
-Lot  
-EAN 13  
-Factory data.  
-Best before date

INSTRUCTIONS

Fry, without thawing the croquettes, in hot oil (180° C) for 4-5 min.if using a fryer or 8 - 9 min. if using a frying-pan. You can also bake them.

TARGET AND DISTRIBUTION

For all types of consumers who are not allergic or intolerant to any of the listened ingredients.  
Wholesalers, superstores, supermarkets, etc.

PACKING AND SHIPPING

Automatic packaging and sealed in plastic bags for food use , grouped in corrugated cardboard boxes and palletized and shrink-wrapped in European pallet. They are available in two different formats:

| FORMAT                     | BAG   | BOX  | PALET (EUROPEO)   |
|----------------------------|---|--|---|
| FAMILIAR<br>18 x 300 gr    | Net Weight: 300 gr<br>Gross Weight: 304 gr<br>Dimensions 220x195x30mm   | Units: 18 bolsas<br>Net Weight: 5.400 gr<br>Gross Weight: 5.475 gr<br>Dimensions: 395x295x190 mm | Units: 117 cajas<br>Net Weight: 632 kg<br>Gross Weight: 641 kg<br>Dimensions: 80x120x210 cm |
| COLECTIVIDADES<br>6 x 1 kg | Net Weight: 1000 gr<br>Gross Weight: 1012 gr<br>Dimensions 220x300x50mm | Units: 6 bolsas<br>Net Weight: 6.000 gr<br>Gross Weight: 6.075 gr<br>Dimensions: 395x295x190 mm  | Units: 117 cajas<br>Net Weight: 702 kg<br>Gross Weight: 711 kg<br>Dimensions: 80x120x210 cm |

ALLERGENS AND GMO

This product contains egg and milk  
This product is gluten free (<10 ppm of gluten).  
This product contains no GMOs.

| ALLERGENS AND GMO  | PRESENCE | ABSENCE |
|--|----------|---------|
| Gluten (wheat, rye, barley, oats, spelt, kamut or their hybrid strains)  |          | X       |
| Shellfish and crustaceans based products   |          | X       |
| Eggs and egg-based products  | X        |         |
| Fish and fish-based products   | X        |         |
| Peanuts and peanut-based products  |          | X       |
| Soypeas and soy products   |          | X       |
| Milk and derived products (lactose)  |          | X       |
| Nuts: almonds, hazelnuts, cashews, walnuts, pecans, Brazilian Nuts, pistachios, macadamia nuts, Australia walnuts and derived products |          | X       |
| Celery and derived products  |          | X       |
| Mustard and derived products   |          | X       |
| Sesame seeds and products made from  |          | X       |
| Sulfur dioxide and sulphites in concentrations higher (SO2) to 10 mg / Kg or 10 mg / liter in the final product                        |          | X       |
| Lupine and lupine-based products   |          | X       |
| Mollusks and products of mollusks (cuttlefish, mussels, clams, oysters...)   | X        |         |
| GMO (genetically modified organism)  |          | X       |